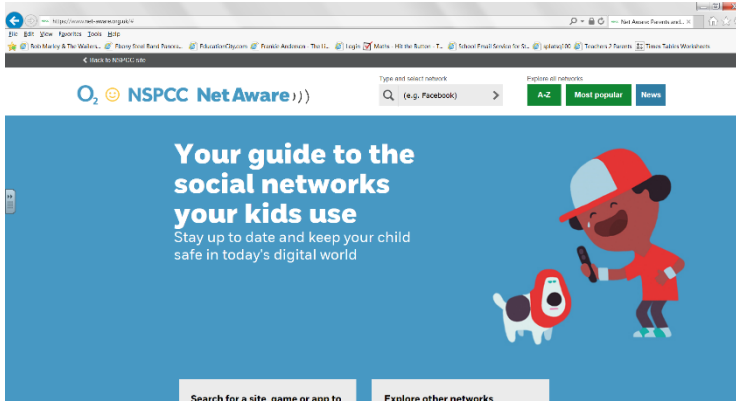


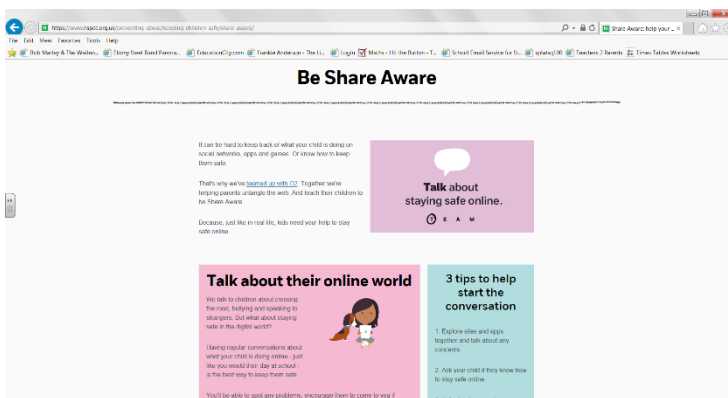


## Online Safety Support At Home



### Net Aware

A guide to social networks that you children use with lots of hints and tips for making their experience safer.



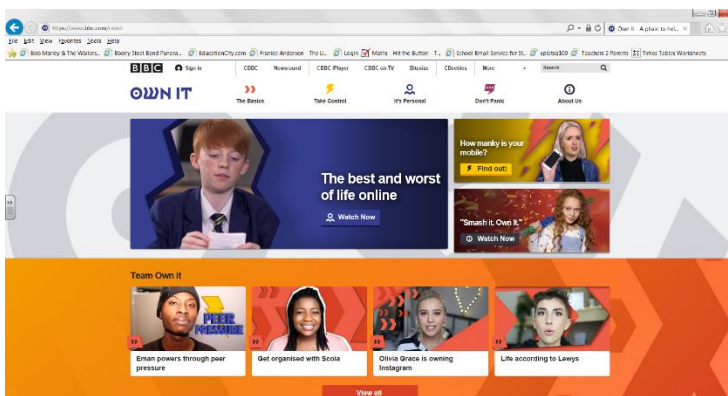
### NSPCC Share Aware

Advice and support for parents, particularly of 8-12 year olds.

# 0808 8005002

### Free Helpline

If you have a question about parental controls or you are concerned about a social network your child uses, speak to expert advisors from the NSPCC and O2.



### BBC Own It

Lots of videos, many based on real life stories, which you can explore with your child to start the conversation about online safety.