

# Lunch Menu

## John Donne Primary School



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meat or Fish Dish	BBQ chicken wings	Roast turkey escalope's with basil dressing	Three cheese macaroni	African beef stew	Jumbo fish fingers with home-made tartare sauce
Main Vegetarian Dish	Quorn Bolognese	Pasta with spied ratatouille	Sweet potato and chick pea curry	Mushroom masala	Quorn dippers
Starchy Dish	Spiced vegetable fried rice	Roast potato	Basmati rice	Garlic bread	Chips
Vegetable	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables
Dessert	Organic yoghurt Cheese and crackers Fresh fruit	Organic yoghurt, Cheese and crackers Fresh fruit	Organic yoghurt Cheese and crackers Fresh fruit	Organic yoghurt Cheese and crackers Fresh fruit	Organic yoghurt Cheese and crackers Fresh fruit

Fresh soup with crusty bread available most days