

28th February 2025



# John Donne Primary School

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Kindness

Respect

Resilience

Community

Collaboration

Aspiration

Dear parents and carers,

Welcome back to the second part of our Spring Term. We are now officially half way through the academic year and the time seems to have flown by!

The children have all started looking at new learning questions this week. Make sure you ask them what they've learned so far.

**Nursery** – Where does \_\_\_ live? (Animals)

**Reception** – I wonder if animals live like us?

**Year 1** – What is the moral of the story?

**Year 2** – How can we show respect to significant people and events?

**Year 3** – How can effective collaboration enhance problem-solving, innovation and progress towards a common goal?

**Year 4** – How are we affecting the world around us?

**Year 5** – What influence have the Greeks had on the western world?

**Year 6** – Why do we explore?

Just a reminder that we will be celebrating World Book Day on Friday 7<sup>th</sup> March. The children can come in to school either dressed up as their favourite book character or in their pyjamas. The children will be involved in different book related activities throughout the day. It is set to be a fun day!

I hope you have a wonderful weekend and we'll see you bright and early on Monday morning.

Miss Rooney



This Weeks Class Attendance Winner

**Green 5 with 98.5%**

## Attendance

Our whole school attendance target is **97%**

Our overall attendance this week is **95.5%**

**Well done to Green 5 achieving 98.4% attendance this week!**

Class	Attendance	Late
Nursery	94.3%	0
Reception Red	97.1%	1
Reception Green	96.5%	0
Red 1	89.6%	2
Green 1	90.8%	0
Red 2	96.7%	0
Green 2	97.7%	1
Red 3	96.0%	1
Green 3	92.2%	0
Red 4	94.1%	2
Green 4	97.5%	0
Red 5	96.3%	0
Green 5	98.4%	1
Red 6	97.9%	2
Green 6	98.1%	1

Thank you for making the effort to be on time and in school every day this week. Excellent school attendance and punctuality is essential in ensuring that children have every opportunity to enjoy school.

Diamond Ticket Winners this week:



Lea G1, KeXin G1, Mekhi R1, Amelia G2, Kayden G2, Hamza R2, Tawseef R2, Camilla G3, Oliver G3, Janah R3, Kevin R3, Daniel G4, Leonardo G4, Efe R4, Wendy R4, Amy G5, Heritage G5, Ellise R5, Mohammed R5, Eryk G6, Monica G6, Adwoa R6,

Golden Ticket Winners this week:



Aaryan G1, Joan G1, Ellie-May R1, Bareerah G2, Mohammed G2, D'Angelo R2, Jacob R2, Athalia G3, Emmy G3, Bradley R3, Leah R3, Elias G4, Janae G4, Lyla-Rose G4, Caylen R4, Chou Anh R4, Amari G5, Amy G5, Neveah G5, Aliya R5, Musa G6, Harmoni R6, Nathan R6

# Important Parent Information

At National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and engaging conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and more. For further guides, hints and tips, please visit [nationalcollege.com](https://nationalcollege.com).

## 10 Top Tips for Parents and Educators

### SAFETY ON SOCIAL MEDIA

Currently, children are growing up in an immediate and throwaway culture when it comes to content that's consumed online. So much material is now deliberately created to be shorter in nature – and may often contain hidden elements such as advertising, or extreme political and cultural views. With complex algorithms built to keep people on their phones and engaging with social media content, it's becoming increasingly difficult to reduce time spent on these platforms.

#### 1 REDUCE DOOMSCROLLING

It's concerning how common it is for young people to spend hours 'doomscrolling': trawling through social media and aimlessly viewing every post they see, many of which might make them feel sad or anxious. Social media can be useful for keeping in touch with friends and family, as well as staying up to date on current events. However, it's important to use it with a clear purpose, instead of endlessly scrolling through content, which could lead to young people accidentally discovering harmful material.

#### 2 TALK ABOUT THE CONTENT

It's important to keep apprised of the kind of content that a young person is being exposed to. Discussing what they're watching online can help you understand why they're using social media in the first place. Furthermore, ensure that children are aware of hidden content, such as advertising of a product – and that they know how to spot that the creator is being paid to talk about it.

#### 3 FIND POSITIVE ASPECTS

Despite all the concerns, there's plenty of wholesome content on social media. It's worth spending time with children to help them find something suitable and enjoyable. Perhaps you'll even discover a joint interest, and you can enjoy the content alongside the child. As part of this, you should also point out why certain things shouldn't be given attention, explaining why it isn't suitable and why it's been created in the first place.

#### 4 REDUCE SCREENTIME

Young people can sometimes be unaware of the exact amount of time they spend looking at social media. Smart phones don't just have the capacity to monitor screentime; they also record how much time is spent on each app, consider setting targets to reduce this and support children to meet these goals, gradually reducing the amount of time spent on different apps.

#### 5 FILL THE VOID

Monitoring and reducing screentime can create a lot of free time to fill, and young people can even face withdrawal symptoms when media is step away from their phones. To mitigate this, consider what offline activities you could introduce the child to, and what they would enjoy. This can ensure that young users will permanently cut down on their screentime, rather than temporarily doing so while they know it's being monitored.

#### 6 REDUCE NOTIFICATIONS

One way in which social media platforms keep people coming back is through notifications. The algorithms behind these apps track people's daily habits, including the times of the day where they're most likely to engage with the platform. This data is then used to deliver specifically timed notifications to draw them back in. To avoid young users being exposed to this tactic, simply turn off notifications for the app in their phone's settings.

#### 7 LIVE IN THE REAL WORLD

Overexposure to social media can distort someone's perception of the real world – from body norms to social conventions. This filtered environment can make it hard for young people to distinguish reality from online content, which is now becoming even more difficult with the rise of AI. To mitigate this concern, take time to teach young people how to discern truth from fiction, both on and off social media.

#### 8 DIGITAL DETOX

Encouraging young people to take a 'digital detox', from even just a couple of the apps that they use, can result in an overall reduction of screentime and less exposure to potentially harmful content. Alternatively, rather than avoiding the app entirely, encourage children to take a 'digital detox' from content creators and influencers, and instead, keep in touch with friends and family – which is generally a far healthier use of these platforms.

#### 9 MODEL GOOD BEHAVIOUR

Consider the habits that you're demonstrating to your children. How much time do you spend on your phone? How much do you 'doomscroll'? Comparing your own usage with the child's could put things into perspective for them – or if it turns out that you're also overusing social media, it can turn screentime reduction into a joint mission, which you and the child can work on together.

#### 10 BE CLEAR ON THE "WHY"

Research shows that young people can become addicted to social media. There are many schools that are moving towards being 'phone free' due to the negative impacts of using social media and phones continuously. It's important to explain to young people why managing screentime is important, set out the benefits and ensure they have all the relevant information, so it's not just seen as a punishment.

#### Meet Our Expert

John Inley is a senior leader in a Birmingham secondary school and has vast experience in leading schools over the past 15 years – including the development of computing curricula across primary and secondary schools, writing e-safety policies and supporting schools with computing and e-safety advice.



#WakeUpWednesday  
The National College

## Dates for your Diary:

### Upcoming Dates:

#### March Dates

07/03/25	World Book Day Celebration
17/03/25	G6 Maritime Museum
24/03/25	Y5– London Eye
27/03/25	Y1 Dulwich Picture Gallery
27/03/25	R3 Garden Museum

	Term Dates	
Spring 2	Mon 24th Feb 25	Fri 4th April 25
Easter	7th Apr 25	21st Apr 25
Summer 1	Tues 22nd Apr 25	Fri 23rd May 25
Half Term	26th May 25	30th May 25
Summer 2	Mon 2nd June 25	Tues 22nd July 25 @ 2pm

**NEW**  
Lunch Menu  
Next week  
**WEEK 3**

Please make sure you follow us on Instagram and Twitter, @JDPSoffice. We will be posting live updates and pictures to show what is going on within your child's school day.



If your child is unwell or sick please call the office or register their sickness through Study bugs:

**Studybugs** +

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# World Book Day Competition

**WORLD BOOK DAY**  
7 MARCH 2025

## READ YOUR WAY

### THIS WORLD BOOK DAY

#### 7 MARCH 2025

**BEGINNING READERS**

**EARLY READERS**

**FLUENT READERS**

Choose a World Book Day book for FREE with your £1/£1.50 book token. Books available in shops from 13 February until 23 March 2025.

Sponsored by NATIONAL BOOK TOKENS

Changing lives through a love of books and reading

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## THE MASKED READER

### John Donne Masked Reader Competition - **during the week**

- John Donne Presents our Masked Reader competition!
- Competition can be found here: <https://forms.gle/nA2RkYNTtNgqYxNg9>
- Children will try to work out which familiar voices they can hear and complete the quiz!
- There are prizes for those who can find all the masked readers!

Scan me:



Competition opens  
Monday 3rd March!



### Design a book cover competition - **during the week**

- Children in KS1 can take part by creating an alternative book cover for a book that they have chosen.
- Children in KS2 will design a book cover and blurb of their favourite book.
- This competition will start the week before World Book Day on the Friday 28th March 2025
- The deadline for the book cover is Wednesday 5th March.
- All book covers are to be handed to Mr Abdulmajid in his office.

### Dress as your favourite book character - **on the day**



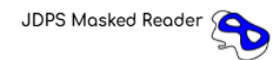
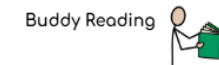
- Children are invited to come in dressed as their favourite book character or pyjamas.
- Children will get the opportunity to show off their costumes during assembly.
- There will be prizes for the best dressed children.
- All children will receive a £1 book token.



### WORLD BOOK DAY @ JDPS - **FRIDAY 7th March 2025**

*What we are doing to celebrate*

*How we are celebrating at JDPS:*



Dress as your favourite book character!

School Quiz!



Book Cover Competition

Workshops and Masterclasses



**Lots of Prizes to be won!**



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**STREETS FOR PEOPLE**  
LONDON BOROUGH OF SOUTHWARK

**'Thank you to all our pupils who submitted a design for the Road Sign competition to Southwark. Our school was nominated as one of the winners whose design will be displayed outside of Southwark schools. Well done!'**

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# Pancake's & Sweet Treats

**Tuesday 5th March**

in the

**Community Space**

@ 3:15pm

Join us afterschool for Pancakes and  
Sweet Treats sale!

**Cash ONLY!**

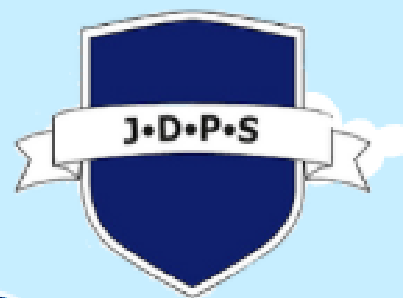
(We would prefer if you could bring  
small loose change)

All Funds made will go towards the additional costs of the Year 5  
London eye Trip.

\*If the weather is rainy etc it will be held in the Bottom Hall.



# Stay & at play!



## John Donne Nursery

(For Nursery 25-26 Cohort)

Come and meet the team, see the environment and experience the provision.

### Available Dates:

Tuesday 18th March

Wednesday 19th March

Thursday 20th March

Tuesday 25th March

Wednesday 26th March

Thursday 27th March

An invitation link will be sent to Parents who have applied for a nursery position already via e-mail.



If you need further information or you would like to be added to the list of invitees, please contact the school office.

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# Outside of School Events and Activities



A colorful poster for 'Family Fun Day'. At the top, it lists logos for 'Camberwell and Dulwich Children and Family Hub', '50 five', '2030', and 'National Literacy Trust'. The main title 'family FUN DAY' is written in a playful, bubbly font. Below the title, three circular callouts provide event details: 'SATURDAY 8TH MARCH FROM 12PM - 3PM', 'AT DULWICH WOOD HUB SE21 8QS', and 'ADMISSION FREE FOR ALL'. A list of activities includes 'Story telling', 'Face painting', 'Bouncy Castle', and 'Refreshments'. A speech bubble says 'Join Us for a Spectacular Family Fun Day!'. At the bottom, an illustration shows a family of four (mother, father, and two children) sitting on a grassy field. A footer box contains the contact email: 'FOR MORE INFORMATION: CDCFCOFFICES@DULWICHWOOD.COM'.

CAMBERWELL AND DULWICH CHILDREN AND FAMILY HUB PRESENTS

**family FUN DAY**

**SATURDAY 8TH MARCH FROM 12PM - 3PM**

**AT DULWICH WOOD HUB SE21 8QS**

**ADMISSION FREE FOR ALL**

Our Family Fun Day is packed with activities for all ages, including:

- Story telling
- Face painting
- Bouncy Castle
- Refreshments and much more

Join Us for a Spectacular Family Fun Day!

FOR MORE INFORMATION: [CDCFCOFFICES@DULWICHWOOD.COM](mailto:CDCFCOFFICES@DULWICHWOOD.COM)

*One week of free activities at the*

## **Literary Festival** BERMONDSEY AND BEYOND

From March 8th to March 16th, 2025

Click Image for more information